



Dear History Makers

It was during 40 days of prayer and fasting that God first called us to start History Makers Church. From that time on we have set our hearts to be a people that seek first His Kingdom, through prayer. Our rally cry has simply been, "Pray First." In every situation, whether good or bad, we try to pray before we act. Many times people act first and then want God to bail them out of that situation, but prayer should be our first response, not our last resort.

Understanding the necessity of prayer is not enough. In order for it to become a part of our life, it needs to become something we look forward to. I'm convinced most people don't enjoy prayer because they have never been taught how to pray. That's where this simple prayer journal can help. Using several prayer models out of the Bible and having some guides to make prayer more personal, this booklet is designed to help bring joy into your time with God. When you discover the beauty of daily conversation with Him, you'll experience the presence of God that will change your life. Once you learn how to pray, prayer can become a part of everyday life. And then...

Before the day begins –Before you go to bed.

Before you go to work or school.

Before you send that text - Before you react.

Before bad things happen.

Before you eat, drive, or travel.

In every situation — PRAY FIRST!

Prayer changes everything and makes us more like Jesus:

HOLY - HEALTHY - HAPPY and bringing Heaven to Earth.

Pastors Terrence and Emma

### **CREATING A LIFESTYLE OF PRAYER**

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. MARK 1:35

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

#### HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God whether it's first thing in the morning, at lunch, or in the evening — and faithfully keep it.

#### HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

#### HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline, along with several other tools, is available in this guide. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

# PERSONAL PRAYER FOCUS

God has put us on the earth at this specific time for a reason. He says in Acts 17:26 that He determined when and where we would live. Knowing this, we can look at those around us at this specific time in history, and take personal responsibility to pray.

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.

Pray for those in authority and those under your authority. Pray for those in your family and your circle of influence (anyone you're connected to). Write down the names of specific people and pray for them.

## **MY GOVERNMENT**

PRESIDENT	
NATIONAL LEADERS	
STATE LEADERS	
CITY LEADERS	
MY FAMILY	
SPOUSE	
CHILDREN	
PARENTS	
SIBLINGS	